ICC Annual MEETING
International Centenarian Consortium
ICBAS.UP - Porto, Portugal

FINAL PROGRAM
15-19 JUNE 2016

List of Participants:

- Amy Wilson | Graduate Division of Intercultural Studies, Yamaguchi Prefectural University - Japan
- Bernard Jeune | IST - EBB/Epidemiology, Biostatistics and Biodemography, Univ. of Southern Denmark
- Catriona Daly | Centre for Healthy Brain Ageing, UNSW Medicine, School of Psychiatry - Australia
- Charikleia Lampraki | Institute of Psychology, University of Lausanne - Switzerland
- Constança Pauil | CINTESIS & UNIFAI, ICBAS University of Porto - Portugal
- Daniela Brandão | Faculty of Medicine, CINTESIS & UNIFAI, University of Porto - Portugal
- Daniela Jopp | Institute of Psychology, University of Lausanne - Switzerland
- Gabriella Marcon | Department of Medical and Biological Sciences, University of Udine - Italy
- Gyounghae Han | Translational Gerontology and Retirement Research, Seoul National University - Korea
- Hardeep Obhi | Department of Human Development and Family Studies, Iowa State University - EUA
- Henne Holstege | Dep. Clinical Genetics & Alzheimer Center, VU University Medical Center - Netherlands
- Ingmar Skoog | Department of Psychiatry and Neurochemistry, University of Gothenburg - Sweden
- Jennifer Margrett | Department of Human Development and Family Studies, Iowa State University - EUA
- Johan Skoog | Department of Psychology, University of Gothenburg - Sweden
- John Leonard Woodward | Wayne State University, Detroit - USA
- Laetitia Teixeira | CINTESIS & UNIFAI, ICBAS University of Porto - Portugal
- Lia Araújo | School of Education of Viseu - IPV, CINTESIS & UNIFAI, ICBAS University of Porto - Portugal
- Leonard Poon | Institute of Gerontology and Georgia Geriatric Education Center, Univ. Georgia - USA
- Makiko Tanaka | Graduate Division of Health and Sciences, Yamaguchi Prefectural University - Japan
- Maria Assunção Vaz Patto | General Practitioner - Portugal
- Mauro Tettamanti | Lab. Geriatric Neuropsychiatry, Istituto di Ricerche Farmacologiche Mario Negri - Italy
- Michel Pouiln | Catholic University of Louvain - Belgium
- Natália Duarte | UNIFAI, ICBAS University of Porto - Portugal
- Oscar Ribeiro | CINTESIS & UNIFAI, ICBAS University of Porto - Portugal
- Paul Hitchcott | Southampton Solent University - UK
- Peter Martin | Gerontology Program, Iowa State University - USA
- Romain Legrand | General Practitioner - France
- Rosa Marina Afonso | Department of Psychology and Education, Beira Interior University - Portugal
- Stacy L. Andersen | New England Centenarian Study - USA
- Thomas Perls | School of Medicine, Boston University - USA
- Ugo Lucca | Lab. Geriatric Neuropsychiatry, Istituto di Ricerche Farmacologiche Mario Negri - Italy
- Yasuyuki Gondo | School of Human Sc, Clinical Thanatology and Geriatric Behavioural Science, Univ. Osaka - Japan
WELCOME SESSION

Wednesday 15 June | 17h00 - 20h30

- Reception @ ICBAS.UP
- Opening Session
  - Institute of Biomedical Sciences Abel Salazar - ICBAS.UP (Prof. Sousa Pereira)
  - Center for Health Technology and Services Research – CINTESIS.UP (Prof. Altamiro Costa Pereira)
  - Porto Municipality (Dr. Manuel Pizarro – waiting confirmation)

The International Centenarian Consortium: history, present and future
Peter Martin & Leonard Poon

Ageing and the oldest old in Portugal
Constança Paúl & Oscar Ribeiro

- ICBAS.UP Tuna (musical moment)
- Welcome dinner/buffet to ICC Participants

OBS: This is an open session to the scientific community (e.g. researchers from ICBAS and CINTESIS - http://cintesis.med.up.pt/, Master and PhD students).

GETTING TO KNOW PORTO AND THE DOURO RIVER

Thursday 16 June | all day

- 10h00 Meeting point @ ICBAS.UP
- Short bus trip around Porto downtown + boat trip to the hotel (lunch on board)
- Free time at the hotel before dinner
- Dinner at the hotel
FIRST WORKING SESSION: Centenarian research - new studies and trends
(Chairs: Oscar RIBEIRO and Bernard JEUNE)
Friday 17 June | 9.00 - 13.00

1. The Power of Longevity
Thomas PERLS

2. Centenarians in Europe
Laetitia TEIXEIRA, Lia ARAÚJO, Oscar RIBEIRO, Daniela JOPP & Constança PAÚL

3. Centenarians at Trieste Study (CaT Study): Study Design and Preliminary Data
Gabriella MARCON & Mauro TETTAMANTI

4. Ongoing Research in Health Practices of Seniors in the Asian Pacific
Makiko TANAKA, Amy WILSON & Hyeweon KIM

10.30 - 11.00 Coffee break

5. Living in the Countryside: the PT100 Beira Interior Study
Rosa Marina AFONSO and PT UBI team

6. The Danish 1915 Birth Cohort Study - Health Profiles of 100-year-old Danes
Signe Høi RASMUSSEN, Karen ANDERSEN-RAMBERG, Kaare CHRISTENSEN & Bernard JEUNE

7. Causes of Death and Exceptional Longevity in Sardinia and Ikaria
Michel POULAIN, Romain LEGRAND, Dany CHAMBRE, Anne HERM & Gianni PES

8. General Discussion / Questions

13.00 - 14.30 Lunch at the Hotel

SECOND WORKING SESSION: Cognitive functioning and dementia in the oldest old
(Chairs: Constança PAÚL and Leonard POON)
Friday 17 June | 14.30 - 18.00

1. The Mozino 80-plus Study
Ugo LUCCA, Mauro TETTAMANTI & Angela RECCHIA
2. A 3-year Longitudinal Study on Global Cognition the Years Before Age 100 and its Relation to Education, Mortality and Dementia
Johan SKOOG

Jennifer MARGRETT, Hardeep OBHI, T. SCHOFIELD, Peter MARTIN, Leonard POON, K. MASAKI & Bradley WILLCOX

4. Variability in Cognition Preceding Death: Findings from the Georgia Centenarian Study
Hardeep OBHI, Jennifer MARGRETT, John L. WOODWARD, Peter MARTIN, A. DAVEY, I.C. SIEGLER & Leonard W. POON

16.00 - 16.30 Coffee break

5. The 100-plus Study in an ongoing Prospective Cohort Study comprising Cognitively Healthy Centenarians (CHCs) from a Homogeneous Dutch Population
Henne HOLSTEGE, Mark HULSMAN, Sietske SIKKES, Erik SISTERMANS, Marcel J.T. REINDERS, Frans W.A. van POPPEL, Hanne MEIJERS-HEIJBOER & Phillip SCHELTENS

6. The Latent Dementia Phenotype, Delta, in Centenarians and Octogenarians: Relationship with Indexes of Dementia Severity
John L. WOODARD, Andria L. NORMAN, Stephen MILLER, Adam DAVEY, Peter MARTIN & Leonard W. POON

7. ICC - Dementia: International Prevalence of Dementia, Cognitive Impairment and Functional Dependence in Centenarians
Catriona DALY, Nir BARZILAI, Carol BRAYNE, Karen Siu-Lang CHEUNG, Maria M. CORRADA, John D. CRAWFORD, Yasuyuki GONDO, Bo HAGBERG, Henne HOLSTEGE, Daniela J OPP, Claudia KAWAS, Jeffrey KAYE, Ugo LUCCA, Gabriella MARCON, Peter MARTIN, Oscar RIBEIRO, Leonard W. POON, Ingmar SKOOG, Jan SZEWIECZEK, Perminder S. SACHDEV & Henry BRODATY

8. General Discussion / Questions

SMALL INTEREST GROUP MEETINGS
Friday 17 June | 18.00 - 19.30

20.00 Thematic Dinner at the Hotel
THIRD WORKING SESSION: Health and psychosocial aspects of longevity
(Chairs: Peter MARTIN and Daniela JOPP)
Saturday 18 June | 9.00 - 13.30

1. Psychological Factors contributing to Active Aging in Sardinia
Paul HITCHCOTT, M. Chiara FASTAME & M. Pietronilla PENNA

2. Factors of Successful Aging among the Greek Oldest-old Living on IKARIA Island
Romain LEGRAND

3. Centenarians’ Secrets for Aging Well: German and Portuguese Centenarians Share their expert Knowledge on Successful Aging
Daniela JOPP, Lia ARAÚJO, Oscar RIBEIRO, Kathrin BOERNER, Laetitia TEIXEIRA & Christoph ROTT

4. Activities in Centenarians: Findings from the Fordham Centenarian Study
Charikleia LAM PRAKI & Daniela J OPP

10.30 – 11.00 Coffee break

5. Construct of Well-being in Centenarians
Yasuyuki GONDO & Saori YASUMOTO

6. The Role of Existential Beliefs within the Relation of Centenarian’s Health and Well-being
Lia ARAÚJO, Laetitia TEIXEIRA, Oscar RIBEIRO & Constança PAÚL

7. The Prevalence of Dementia and Depression from Age 97 to 102 in the Gothenburg 95+ Study
Ingmar SKOOG, Anne BORJESSON-HANSON & Johan SKOOG

8. Care and Family Circumstances of the Oldest Old in Korea
Gyounghae HAN

9. General Discussion / Questions

13.30 – 14.30 Lunch at the Hotel
CONCLUDING REMARKS AND NEXT ICC MEETING

Peter MARTIN and Leonard POON
Saturday 18 June | 14.30 - 15.30

SMALL INTEREST GROUP MEETINGS

Saturday 18 June | 15.30 - 16.30

GETTING TO KNOW THE COUNTRYSIDE and FAREWELL DINNER

Saturday 18 June | sunset/night
- 17h00 Meeting point @ hotel lobby
- Bus trip to Arouca and Dinner

GETTING BACK TO PORTO

Sunday 19 June | morning
- 10h00 Meeting point @ Hotel Reception
- Bus trip back to Porto. Two main stops: (i) ICBAS.UP; (ii) Airport