## Gerontology Colloquia Series

## **Optimize Aging**

By 2035, it is estimated that there will be more Americans over the age of 65 than under 18. Join us to discuss interdisciplinary approaches to research and practice that consider individual, family, and community perspectives and are aimed to optimize adult health and well-being.



## **MONTHLY on MONDAY**

1030 Morrill Hall

4:00-5:00pm

All are welcome
Light refreshments served

## Sept. 16

Entrepreneurship
Kristine Johansen of Iowa Start-Up Factory
Charrette Team RISE

Oct. 14

Cognition, Nutrition, and the Aging Brain Colleen Pappas, postdoc in FHSN

Nov. 18

Aging and Loneliness
Dan Russell, Professor in HDFS

Jan. 27

Grad Student Opportunities: F31 Grants & Postdoc Process Hardeep Obhi, postdoc research associate UNC-Chapel Hill, Carolina Population Center

Feb. 17

Gait Imbalance and Mobility Impairment Li-Shan Chou, Chair of Kinesiology

Mar. 23

Family and Aging Megan Gilligan, Associate Professor in HDFS

Spring Research Symposium: April 8, 2020

All events will take place in Morrill Hall Room 1030



www.gerontology.iastate.edu/events